



Fix no internet connection in a virtual machine with Internet Sharing enabled on macOS

- Parallels Desktop for Mac Standard Edition 16
- Parallels Desktop for Mac Business Edition 16
- Parallels Desktop for Mac App Store Edition
- Parallels Desktop for Mac Pro Edition 16

Question

I have a virtual machine running in Parallels Desktop App Store Edition. For some reason, there is no internet connection inside the virtual machine, even after following the steps from [KB 8978](#).

I also have the same issue on a newly created Windows 10 virtual machine running in Parallels Desktop 16 on macOS Big Sur.

Cause

If you have already enabled **Internet Sharing** (**System Preferences -> Sharing -> Internet Sharing**) for the main interface, it can break the network connection for the virtual machine due to some technical nuances of the VMNet framework.

Resolution

The steps below should help you to fix the issue:

1. Go to **System Preferences -> Sharing -> Internet Sharing**.
2. Disable Internet Sharing and make sure all the items under the **To computers using:** have been unchecked too

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