How to install or upgrade to the latest version of Parallels Desktop for Mac

- Parallels Desktop for Mac Pro Edition
- Parallels Desktop for Mac Standard Edition

Parallels Desktop for Mac is distributed as a downloadable .dmg image. The latest version can be downloaded here.

If you are upgrading Parallels Desktop

You will be able to use your existing virtual machine without reinstalling it, but please take a backup of your virtual machine before you proceed with the instructions below to have an opportunity to revert all the changes.

If you have a subscription for Parallels Desktop for Mac Standard or Pro Edition, you can upgrade Parallels Desktop to the latest version with the license you own – just download and install the latest Parallels Desktop version. A subscription allows you to upgrade to the latest version at no additional charge as long as the subscription is valid.

Double-click the downloaded Parallels Desktop installation file with the .dmg extension to mount it to Finder. Then double-click the **Install** icon.

Enter your Mac user account password to begin the installation.

Parallels Desktop for Mac is now installed. Check out our tips for new users:

- Parallels Desktop for Mac registration and activation
- Installing Windows on your Mac using Parallels Desktop

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