



How to start my virtual machine?

- Parallels Desktop for Mac Standard Edition

How to start my Virtual Machine?

You have successfully installed Windows virtual machine as described [here](#), but cannot find a way to start it.

Double click on Shortcut

There are several ways to start your virtual machine. If you have a virtual machine shortcut on your Desktop just double click it:

Start Virtual Machines from Parallels Desktop application

- Make sure you have Parallels Desktop running. Find it in the **Dock**:

Or in **Launchpad**:

Or in **Spotlight**:

Or in the **Applications** folder.

- After you have your Parallels Desktop started, right-click on the Dock icon and click on your virtual machine name at the top:

- Or click **Control Center** to see the full list of virtual machines:

and click **Power Button** to start the virtual machine:

Related articles:

- [I am unable to start Windows: troubleshooting Virtual Machine start issues](#)
-

© 2025 Parallels International GmbH. All rights reserved. Parallels, the Parallels logo and Parallels Desktop are registered trademarks of Parallels International GmbH. All other product and company names and logos are the trademarks or registered trademarks of their respective owners.