



How to install or upgrade to the latest version of Parallels Desktop for Mac

- Parallels Desktop for Mac Pro Edition
- Parallels Desktop for Mac Standard Edition

Parallels Desktop for Mac is distributed as a downloadable .dmg image. The latest version can be downloaded [here](#).

If you are upgrading Parallels Desktop

You will be able to use your existing virtual machine without reinstalling it, but please [take a backup of your virtual machine](#) before you proceed with the instructions below to have an opportunity to revert all the changes.

If you have a subscription for Parallels Desktop for Mac Standard or Pro Edition, you can upgrade Parallels Desktop to the latest version with the license you own – just [download](#) and install the latest Parallels Desktop version. A subscription allows you to upgrade to the latest version at no additional charge as long as the subscription is valid.

Double-click the downloaded Parallels Desktop installation file with the .dmg extension to mount it to Finder. Then double-click the **Install** icon.

Enter your Mac user account password to begin the installation.

Parallels Desktop for Mac is now installed. Check out our tips for new users:

- [Parallels Desktop for Mac registration and activation](#)
 - [Installing Windows on your Mac using Parallels Desktop](#)
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